



## INSTRUCTIONS FOR USING THE SERVICE VOUCHER FOR A CHECK-UP AND TREATMENT

<https://www.hel.fi/helsinki/en/social-health/health/dental/service-voucher>

You have been granted an oral health care service voucher that covers some of the costs of the service conducted by the service provider.

The check-up and treatment voucher (TUTHO) covers a treatment programme that must be carried out by the same service provider. This means that you cannot change the service provider in the middle of the treatment.

This voucher covers two stages:

**1. stage: Examination (with X-ray) and treatment plan.**

- The value of the 1st stage of the service voucher is €30, and the customer must pay the excess fee in accordance with the price list of the service provider dentist (you can compare prices in the [palse.fi](#) portal).

**2. stage: Treatment, if deemed necessary based on the examination.**

- Treatment in the 2nd stage covers no more than:
  - **treatment of two teeth (cavity filling, root canal procedure, removal)**
  - **two periodontium treatment procedures (such as tartar removal).**
- ➔ As with other procedures, the excess fee that you must pay is determined in accordance with the price list of the service provider. You can see your excess fee for the planned procedures in the [palse.fi](#) price comparison. (The service voucher value of each procedure has already been deducted from the prices.)

NOTE! If you need further treatment, you can continue your treatment as a private patient with the same service provider dentist or return to the City's own services by calling the centralised appointment booking number 09 310 51400.

The service voucher allows you to freely choose which dentist and dental clinic you wish to use from among the service provider dentists approved for the City of Helsinki's service voucher system.

- Please seek treatment as soon as you receive your service voucher. You will receive a text message when your service voucher is ready, whereby you can make a treatment appointment with a service provider dentist.  
**NOTE!** Please inform the service provider that you wish to use your service voucher when making an appointment.
- Your service voucher is valid for six (6) months from the date of issue.
- You can find your service voucher on the **palse.fi** website with a Suomi.fi authentication (online bank codes or mobile certificate). \*\*In the box in the upper right corner of the page, click on 'Kirjaudu sisään asiakkaana' ('log in as a customer').
- When you are logged in, you will be able to see your service voucher information and compare clinics and their dentist to select the most suitable option.

\*\* Box in the upper right corner of the [Palse.fi](#) page.



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### How much does your treatment cost?

- The value of the service voucher covers **some** of the costs of your planned treatment. You will need to pay the excess fee directly to the service provider dentist. **You can see the excess fee in the dentist price comparison after logging in to the [palse.fi](https://palse.fi) website.**
- The excess fees of the different service provider dentists vary within limits agreed with the oral health care services of the City of Helsinki.
- The excess will not be reimbursed by Kela. The excess **may case-specifically be considered** other basic costs added to basic social assistance, **but only to the extent of the health centre customer fee. Any additional fees must be paid by the customer who receives basic social assistance.**
- If your treatment plan includes a prosthesis or occlusal splint, you will need to **cover all of the associated laboratory costs yourself**, as would also be the case if the treatment were provided by the City of Helsinki's oral health care services. **These costs may form a significant portion of the total costs.** In such cases your service voucher will include one or several of the following procedure codes: **SPB05, SPB07, SPC01, SPC05, SPC31, SPC06, SPC07, SPD01, SPE02, SPE01 or SPF11.**  
**Please note!** The fees do not include potential **dental laboratory costs.**
- The service provider dentist will provide you with a cost estimate before starting the treatment, which also includes an estimate of potential laboratory costs.
- If your treatment plan changes during the course of the treatment (if a tooth being treated requires a larger filling or a root canal procedure, for example), the final cost of the treatment may also change. The service provider dentists will discuss any changes to the treatment plan and their impact on treatment costs with you.
- You are responsible for any costs incurred from missing an appointment.



### Who is responsible for my treatment?

- If you are unsatisfied with the treatment you received with a service voucher, you must resolve the matter with the **service provider dentist** who treated you.

### What should I do if I do not want to use my service voucher?

- If you do not wish to use a service voucher that you have been issued, please contact the oral health care appointment booking service (09 310 51400). The treatment you need will then be organised by the City of Helsinki's oral health care services. Please note that in this case you may have to wait longer for your treatment.



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### One-on-one guidance on using service vouchers

One-on-one guidance on using service vouchers is provided at the following clinics:

- **Centralised appointment booking**, open Mon–Thu 7:00–18:00 and Fri 7:00–15:00, tel. 09 3105 1400.