

Maternity and child health clinics and family centres are open

Do not visit the maternity and child health clinic if you are ill!

Please remember that you must not come to the maternity and child health clinics when ill. When necessary, you can book a new appointment by telephone via the maternity and child health clinic telephone service, tel. 09 3105 5530, or via [the online service](#) (in Finnish). You must not visit the maternity and child health clinic for two weeks after a trip abroad.

If you suspect that you may have contracted the coronavirus, you can read instructions on our website at hel.fi/sote/en.

Maternity and child health clinics and family centres are open

Maternity and child health clinics and family centres are open despite the coronavirus pandemic. We will communicate any changes. We will always contact you directly if your appointment is cancelled. You can also come to the maternity and child health clinics with your partner and family.

Our telephone service is congested at the moment, which is why we have had to close our lines earlier. Please utilise electronic services in postponing and cancelling your appointment; you can also send a message to your public health nurse through electronic services. Please contact us after the pandemic has subsided in non-urgent matters.

The maternity and child health clinic telephone service will not provide coronavirus-related advice, please check instructions on what to do on our [website](#).

Cancellations and changes to the following maternity and child health clinic operations 27 March–31 May

- **Open maternity and child health clinics are closed until 31 May**
- **Maternity and child health clinic doctors** have been reassigned to urgent duties required by the pandemic, which means that, regrettably, periodic appointments at maternity and child health clinics have to be cancelled. New replacement appointments are offered when possible. Customers are notified separately of any cancellations. Necessary maternity and child health clinic doctor appointments will be kept.
- **Child Health Clinic at daycare check-ups are cancelled until 31 May**
The check-ups will be carried out as private visits.

- **Family coaching is cancelled until 31 May**
Please visit the [Family Support](#) and [Naistalo](#) (in Finnish) websites for alternatives to family coaching.
- **Six-month periodic appointment groups at child health clinics are cancelled until 31 May**
The check-ups will be carried out as private visits.
- **Gestational diabetes groups are cancelled until 31 May**
Guidance is provided in private appointments with the public health nurse.

Pregnant women and children between the ages of 6 months and 6 years will be vaccinated against seasonal influenza at maternity and child health clinics in connection with clinic appointments. If you need an appointment for a booster, you may send a message to your own public health nurse through electronic services.

Changes to maternity and child health clinics in Malmi and Laakso

In addition to the Laakso corona health station, a corona health station has also been opened in Malmi health station on Thursday 19 March. The Laakso corona health station was opened on Monday 16 March.

Customers of the **Malmi maternity and child health clinic** will be served at the Kallio and Itäkatu family centres as well as on the third floor of Kivelä hospital (building 25) starting from 23 March. All of these locations will offer public health nurse services. The customers will be notified of the location of their appointment. Maternity and child health clinic doctors are available at the Itäkatu family centre.

Customers of the **Laakso maternity and child health clinic** will be served on the third floor of Kivelä hospital (building 25) starting from 23 March.

Kivelä hospital, Sibeliuksenkatu 14, 00260 Helsinki
Kallio Family Centre, Toinen linja 4 C, 00530 Helsinki
Itäkatu Family Centre, Tallinnanaukio 1, 00930 Helsinki