

Towards excellent air quality and soundscape

Helsinki

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**Helsinki is a wonderful city,
but you cannot help but
notice the air pollution
and noise.**



They are mainly caused by traffic.

**Air pollution and noise affect
human health.**

**This is especially
true in the case of
children, the elderly
and people with
chronical illnesses.**



**And many places
would be nicer with
less street dust and
noise!**



**We are working to improve the
air quality and noise situation in
Helsinki.**



**Read more about how at
→ hel.fi/ilme**

Reducing the harms caused by traffic requires collaboration between the city and its residents.

How do the residents come in play here?

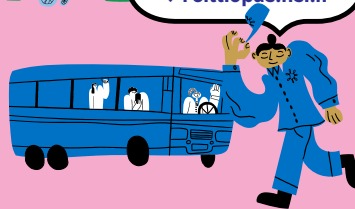


It's great that the most popular mode of transport in Helsinki is walking. You should also consider jumping on a bike.

It's good for the body, mind and wallet.

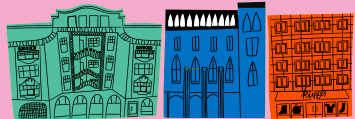


The journey planner will help you get where you need to go:
→ reittipas.hsl.fi



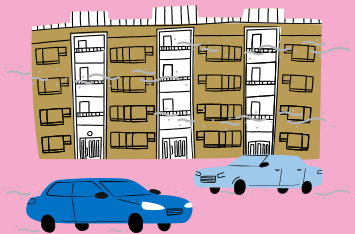
Well-functioning public transport enables a wide range of journeys.

Unnecessary driving is... well, unnecessary.



If you need a car, you should choose an electric one, use studless friction tyres in the winter and favour carpooling.

Especially in the spring, there's a lot of street dust.



This is largely due to studded tyres.

How can you prevent street dust from entering your home?



It is advisable to air your home on the courtyard side and make sure that the supply air is appropriately filtered.

In areas with plenty of detached houses, the burning of wood also deteriorates air quality.



Read more about the right way to burn wood at
→ poltaapuhtaasti.fi

In this hectic world of ours, we all need a little peace and quiet from time to time.

Especially if your living environment is noisy.



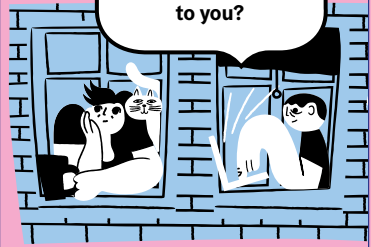
There are many nice places in Helsinki where you can enjoy clean air and a tranquil environment.

And exercise, explore or just relax.

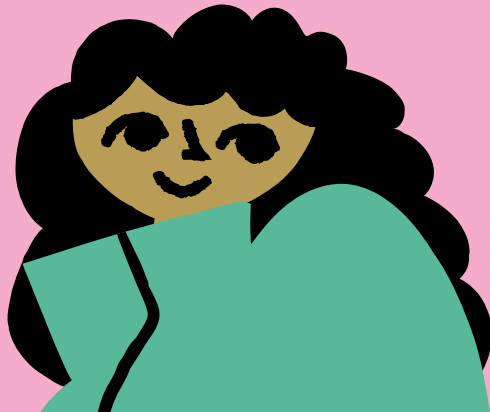


What if you found a route to work and school that doesn't take you down a busy street?

What do clean air and a pleasant soundscape mean to you?



Read more about
air protection and
noise abatement
in Helsinki at
→ hel.fi/ilme



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