

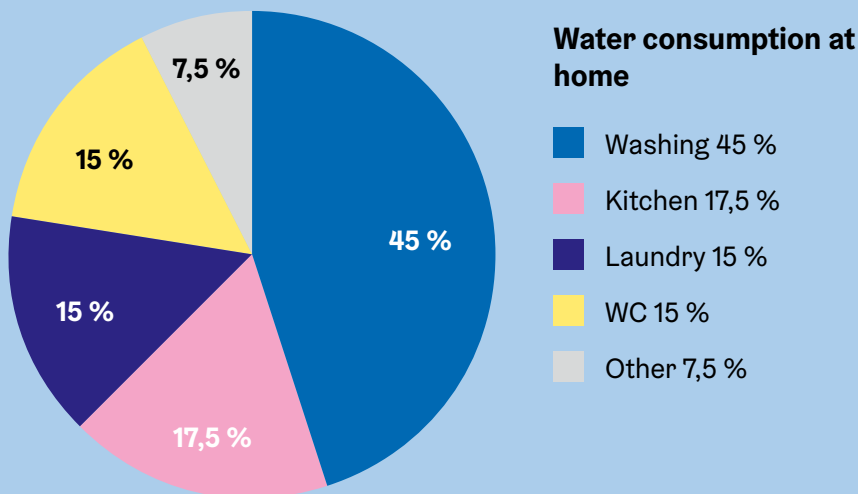
Save water to save money and the environment



On average, one person uses 120 litres of water per day. Almost half of this is used for washing.



Hot water is twice as expensive as cold water, so save especially on hot water. This allows you to reduce your water bill and also reduce emissions from heating energy.



Source: Kestävä veden käyttö – vedenkäyttöselvitys. Työteho-seura

Tips for sustainable water consumption



Washing



Showering uses a lot of water, so take short showers. 10 minutes = 120 litres of water, 2 minutes = 24 litres.



Turn off the shower when applying soap or shampoo.



Turn off the tap when brushing your teeth or shaving.



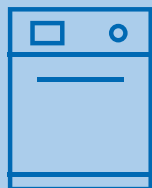
Laundry



Wash full loads.



Wash clothes only when they are actually dirty – air them out between washes.



Washing dishes



Use a dishwasher. This uses less water than washing by hand. Wash full loads.



If you wash dishes by hand, don't leave the water running unnecessarily.



Keep the drain clean. Do not put food, oil or waste down the drain.

