

Prepare for your future studies!

Preparatory education after comprehensive education 2018–2019

Were you left without a place of study?

Don't worry, there are several options available!

Helsinki

Preparatory education for vocational training (Valma)

In preparatory education you will acquire the required capabilities to apply for a place in vocational training.

For whom?

For persons who have completed their comprehensive education and wish to pursue vocational education and training.

For adults who want to improve their readiness to study in vocational training, such as immigrants or those planning a career change, for example.

What?

You will follow an individual study plan, according to which you will:

- familiarise yourself with various professions and fields of study
- strengthen your studying capabilities and everyday skills
- prepare yourself for working life in work practice periods
- If necessary, you can raise some of your comprehensive school grades.
- During the preparatory training, it is also possible to take vocational studies and complete permit and card trainings.
- The preliminary period for an apprenticeship can be part of the preparatory training.

Scope

The duration of the studies is between half a year and a year, and the scope is 30–60 credits. You can start the studies flexibly also after the school year has started.

Preparatory training for general upper secondary education for immigrants (Luva)

In preparatory training for general upper secondary education, you will acquire the required capabilities to apply for a place in general upper secondary education and succeed in your future studies in the best possible manner.

For whom?

For immigrants and students with a native language other than Finnish who wish to pursue general upper secondary qualification and matriculation examination.

What?

The course includes Finnish and English language studies needed in general upper secondary school, social and cultural studies, studies in mathematics and natural sciences as well as strengthening of studying capabilities.

The course provides you with a realistic impression of upper secondary education, and it is possible for you to take actual upper secondary studies according to an individual study plan.

You can also raise comprehensive school grades in most theoretical subjects.

Scope

The courses last for one school year, and the scope is at least 25 credits.

Some of the applicants will be invited to participate in an entrance exam (a small test on study capabilities and an interview) at the Alppila Upper Secondary School on Monday 30 July at 10 am – 3 pm. If you are required to participate in the entrance exam, we will send you an invitation.

Additional comprehensive education (tenth grade)

In the tenth grade you will acquire the required capabilities to apply for a place in upper secondary education or vocational education and raise your comprehensive education grades.

For whom?

For young people in Helsinki who completed their comprehensive education this or last year.

For those who wish to raise their comprehensive education grades in order to qualify for a study place in upper secondary education or vocational education.

What?

You will get a chance to clarify your plans for future education.

You will get to strengthen your skills and knowledge as well as raise your grades.

You will get support in developing your life coping skills.

The course may include comprehensive education subjects, project tasks, study visits and work practice.

Additional comprehensive education is organised by the City of Helsinki's comprehensive schools and Helsinki Vocational College.

Scope

The courses last for one school year, and the scope is 1,100 hours. All applicants will be interviewed in week 32, when the study placements and start dates for teaching periods will also be available.



Applicant's checklist:

Apply for the courses beginning in August 2018 at opintopolku.fi.

Application period 22 May – 24 July 2018.

Admission results will be announced in week 32.

You can apply for places that have not been filled starting from 30 July.

If you later apply for vocational education through the joint application system, these courses will earn you six extra points.



Watch the introduction video for the courses on YouTube:

Courses with a continuous application process

Workshops for young people

The workshops are aimed at residents of Helsinki under the age of 29. During a work training period that lasts an average of five months, you will get to work on exercise projects and commissions as well as develop your professional expertise. The workshops include: Media Immersion Workshop, Metal Workshop, Blue Workshop, Woodoo Workshop, Café Villa Ullas and Café Aleksis. Workshops are also carried out in cooperation with businesses, such as Maunula House, Kinapori comprehensive service centre, Baiks and Musti ja Mirri.

▶ [Workshops for young people](#)

Helsinki upper secondary school for adults

In the Helsinki upper secondary school for adults you can complete upper secondary school or comprehensive school qualifications, prepare yourself for the matriculation examination or take individual subjects. The studies are free of charge for people who are enrolled as students in an upper secondary school or comprehensive school or for students in upper secondary level institutions in Helsinki. For individual subjects, the study fee is €25/course.

www.helsinginaikuislukio.fi

Apprenticeship training

Nearly all vocational qualifications and degrees can be completed through apprenticeship training. For the apprenticeship training, you can find a job that perfectly matches your interests.

www.stadinammattipisto.fi

Open studies at Helsinki Vocational College

Through open studies you can start your vocational education in a flexible manner and familiarise yourself with various fields of study. In open studies, you will be studying part-time and for short periods of time.

www.stadinammattipisto.fi

Additional information

If you need support and advice in terms of study options, you can contact your school's study counsellor, Ohjaamo (One-Stop Guidance Centre) or the admissions office of Helsinki Vocational College.

Ohjaamo (One-Stop Guidance Centre)

Ohjaamo Helsinki provides young people without a place of work or study with extensive information and support with planning their future. Individual service without prior appointment.

Address: Fredrikinkatu 48 (street level)

Opening hours:

In June: Mon 12 noon–5 pm, Tue–Fri 10 am–5 pm

In July: Mon 12 noon–4 pm, Tue–Fri 10 am–4 pm

Telephone on weekdays at 9 am–3 pm

+358 (0)40 704 6818 / +358 (0)9 310 25861

E-mail: ohjaamo@hel.fi

www.ohjaamo.hel.fi

Helsinki Vocational College admissions office

Helsinki Vocational College's admissions office provides information on and help with applying for a study place and the continuous application process.

Address: Hattulantie 2, 1st floor,

FI-00550 City of Helsinki

Opening hours:

Mon–Fri 9 am–3 pm, Fri 9 am–2 pm

Telephone on weekdays at 10 am–2 pm

+358 (0)9 310 89318

E-mail: hakutoimisto@edu.hel.fi

www.stadinammattipisto.fi

Service point of the Education Division

Address:

Töysänkatu 2D,

FI-00510 City of Helsinki

Telephone on weekdays

at 8 am – 4 pm:

+358 (0)9 310 86400

**Good luck
with your
future
studies!**

