

Multiservices

Week 1 **Group I: Calendar weeks 32, 38, 44, 50**
Group II: Calendar weeks 35, 41, 47

Mon Soy frankfurter sauce M G E VEG, potatoes, salad table

Tue Soy strip and vegetable pan M G E VEG, chilli sauce M G B P E VEG, salad table

Wed Bean and vegetable risotto M G E VEG, salad table, bread

Thu Pureed lentil and vegetable soup M G E VEG, fresh vegetable pieces, bread

Fri Veggie sticks M E VEG, mashed potato M G E VEG, salad table

Week 2 **Group I: Calendar weeks 33, 39, 45, 51**
Group II: Calendar weeks 36, 42, 48

Mon Pea groat Bolognese M G E VEG, brown pasta, salad table

Tue Pureed potato and sweet potato soup M G E VEG, organic tofu M G E VEG, fresh vegetable pieces, bread

Wed Pasta, lentil and vegetable casserole M G E VEG, salad table

Thu Soy and bean stew M G E VEG, whole grain rice, salad table, bread

Fri Bell pepper and bean patties M G E VEG, chilli sauce M G B P E VEG, veggie rice, salad table

Week 3 **Group I: Calendar weeks 34, 40, 46, 52**
Group II: Calendar weeks 37, 43, 49

Mon Indian lentil stew M G E VEG, brown rice, salad table

Tue Pulled oat and vegetable pyttipanna hash M E VEG, salad table, bread

Wed Beanit and root vegetable stew M G E VEG, mashed potato M G E VEG, salad table

Thu Lentil and vegetable soup M G E VEG, fresh vegetable pieces, bread

Fri Vegetable korma with organic tofu M G E VEG, whole grain rice, salad table

Multiservices

Week 4 **Group I: Calendar weeks 35, 41, 47**
Group II: Calendar weeks 32, 38, 44, 50

- Mon** Tofu and vegetable pizza M G E VEG, salad table, bread
- Tue** Chickpea and coconut soup M G E VEG, fresh vegetable pieces, bread
- Wed** Vegetable patties M G E VEG, mashed potato M G E VEG, salad table
- Thu** Pea groat and root vegetable ragù M G E VEG, whole grain rice, salad table
- Fri** Pasta, lentil and vegetable casserole M G E VEG, salad table

Week 5 **Group I: Calendar weeks 36, 42, 48**
Group II: Calendar weeks 33, 39, 45, 51

- Mon** Indian lentil stew M G E VEG, whole grain rice, salad table
- Tue** Chickpea sauce M G E VEG, potatoes, salad table, bread
- Wed** Bell pepper and bean patties M G E VEG, mashed potato M G E VEG, salad table
- Thu** Vegetarian pea soup M G E VEG, mustard, fresh vegetable pieces, bread
- Fri** Beetroot patties M G E VEG, mashed potato M G E VEG, salad table

Week 6 **Group I: Calendar weeks 37, 43, 49**
Group II: Calendar weeks 34, 40, 46, 52

- Mon** Pulled oat and vegetable pyttipanna hash M E VEG, salad table
- Tue** Spinach soup M G E VEG, organic tofu M G E VEG, fresh pieces of vegetable, bread
- Wed** Vegetable korma with organic tofu M G E VEG, whole grain rice, salad table, bread
- Thu** Bean and vegetable risotto M G E VEG, salad table
- Fri** Broad bean patties M G E VEG, potatoes, salad table