

**SNACK FOR THE AFTERNOON CLUB**
**Week 1 Calendar weeks 32, 38, 44, 50**

- Mon Berry quark (L G) / berry yoghurt (L G), soft bread (M VEG), spread (M G VEG), beverage  
 Tue Fruit salad (M G VEG), soft bread (M VEG), spread (M G VEG), milk (G)  
 fresh fruit or vegetable wedges  
 Wed Rice/potato pasty (L), cheese (L G), spread (M G VEG), milk (G), fresh fruit or vegetable wedges  
 Thu Filled rieska / rieska or tortilla roll (LL), milk (G), fresh pieces of vegetable *VEGETARIAN OPTION: with cheese and vegetable filling*  
 Fri Fresh roll (M VEG) / roll (M), spread (M G VEG), cheese (L G), milk (G), fresh fruit or vegetable wedges

**Week 2 Calendar weeks 33, 39, 45, 51**

- Mon Berry kissel (M G VEG), soft bread (M VEG), spread (M G VEG), beverage, fresh fruit or vegetable wedges  
 Tue Fruit smoothie (L G), soft bread (M VEG), spread (M G VEG), beverage  
 Wed Vegetable tray (M G VEG), roll (M VEG), cheese (L G) / meat slice (M G), milk (G) / hot chocolate (G)  
 Thu Pancake (L), berry purée (M G VEG), milk (G), fresh fruit or vegetable wedges  
 Fri Hotdog (M), ketchup, milk (G), fresh fruit or vegetable wedges *VEGETARIAN OPTION: Soy hot dog (L)*

**Week 3 Calendar weeks 34, 40, 46, 52**

- Mon Berry/fruit porridge (M VEG), crisp bread (M VEG), spread (M G VEG), milk (G)  
 Tue Roll (M VEG), spread (M G VEG), meat slice (M G) / cheese (L G), milk (G) / hot chocolate (G), fresh fruit or vegetable wedges  
 Wed Carrot pancake (L), berry purée (M G VEG), milk (G), fresh fruit or vegetable wedges  
 Thu Berry smoothie (L G) or berry yoghurt (L G), soft bread (M VEG), spread (M G), beverage  
 Fri Vegetable tray (M G VEG), soft bread (M VEG), meat slice (M G), milk (G) *VEGETARIAN OPTION: cheese (L G)*

**Week 4 Calendar weeks 35, 41, 47**

- Mon Fruit quark (L G), soft bread (M VEG), spread (M G VEG), milk (G)  
 Tue yeast dough pie with meat filling (M), milk (G), fresh fruit or vegetable wedges *VEGETARIAN OPTION: Vegetable quiche (L)*  
 Wed Soft bread (M VEG), meat slice (M G) / cheese (L G), spread (M G VEG), milk (G), fresh fruit or vegetable wedges  
 Thu Vegetable pizza (L) or warm, filled sandwich (L), milk (G), fresh fruit or vegetable wedges  
 Fri Berry kissel (M G VEG), roll (M VEG), spread (M G), milk (G)

**Week 5 Calendar weeks 36, 42, 48**

- Mon Fruit kissel (M G VEG), full grain baguette / soft bread (M VEG), spread (M G VEG), milk (G)  
 Tue Berry pie (M), milk (G) / hot chocolate (G), fresh fruit or vegetable wedges  
 Wed Fruit and vegetable tray (M G VEG), full grain baguette (M), cheese (L G), milk (G)  
 Thu Rice porridge (L), juice soup (M G VEG), crisp bread (M VEG), spread (M G VEG), milk (G)  
 Fri Berry/fruit yoghurt (L G), soft bread (M VEG), spread (M G VEG), beverage

**Week 6 Calendar weeks 37, 43, 49**

- Mon Rice/potato pasty (L), egg spread (M G), milk (G), fresh fruit or vegetable wedges  
 Tue Chicken pie (L), milk (G), fresh fruit or vegetable wedges *VEGETARIAN OPTION: Vegetable quiche (L)*  
 Wed Soft bread / roll (M VEG), cheese (L G), spread (M G VEG), milk (G), fresh fruit or vegetable wedges  
 Thu Spinach pancakes (L), berry purée (M G VEG), milk (G), fresh fruit or vegetable wedges  
 Fri Meat/fish hamburger (L), milk (G), fresh fruit or vegetable wedges *VEGETARIAN OPTION: Vegetable patty (M)*

Crisp bread and spreads are also always available during snack times.

Warm snacks, 1 or 2 times a week. Fresh fruit or vegetable wedges may include vegetables (e.g. tomato, cucumber, sweet pepper), root vegetables or fresh fruit, depending on the other dishes.

Special diet codes (suitable for special diets):

**M** does not contain milk

**L** lactose-free

**LL** low-lactose

**VEG** product suitable for vegans

**G** suitable for people with coeliac disease, gluten-free product

**/** products are served alternately

20 April 2021  
Multiservices

Notification of any changes in order quantities must be submitted at least three days before the delivery date (serving date). If the change in quantity exceeds ten snacks, notification of the change must be submitted at least five days before delivery.

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