

Travel log

Every day, the teacher asks the class about the journeys they have made to school and their leisure activities using their own muscle power and records them in the travel log. Work out how many steps you can take on the game board: **10 points = 1 step.**

Time period for completing the challenge (2weeks / 10 school days): _____

Challenge day	Points carried over from yesterday	Yesterday from school to home	Yesterday's leisure journeys	Today from home to school	Total number of journeys (number)
1	_____	_____	_____		
2					
3					
4					
5					
6 7	Weekend				
8					
9					
10					
11					
12					
13 14	Weekend				
Total:				_____	

Total number of active trips during the challenge (number):

