

Weighted curriculum education starting from 3rd grade

Weighted curriculum education refers to education with an emphasis on a specific subject or subject area. The pupil studies the weighted subject or subject area more than other pupils. For pupils in weighted curriculum education, the school week may be 1–2 hours longer than for pupils in mainstream education.

Weighted curriculum education begins in the 3rd grade and lasts until the end of the 9th grade. All interested pupils can apply for weighted curriculum education. No previous interest in or experience of weighted curriculum education is needed. If the pupil wants to apply for weighted curriculum education, they have an aptitude test in the 2nd grade. The aptitude test looks at the pupil's ability to study in the weighted curriculum education they have applied for.

The pupils selected through the aptitude test can be placed in the teaching group of mainstream education pupils, in which case only the lessons of the weighted curriculum subject are held in their own teaching group. A separate teaching group can also be formed of the pupils selected in the aptitude test.

More information on weighted curriculum education and aptitude tests can be found on the schools' own website (edu.hel.fi/kouluhaku) or by contacting the school offering weighted curriculum education.

Expression

Performing arts means the ability to express oneself. Performing arts is studied in a group through play and roles. Speaking, moving and dancing, theatre and music are practiced in the performing arts class. The goal is that the pupil finds their own way of expressing themselves.

The aptitude test has a variety of expression tasks.

The weighted curriculum in expression can be studied at Kannelmäki Comprehensive School.

Visual Arts

Visual arts studies drawing, painting, design and construction using different techniques and materials. The pupil develops their own personal expression and creativity in visual arts.

The aptitude test has a variety of art tasks.

The weighted curriculum in visual arts can be studied at Pikku-Huopalahti Primary School and Aleksis Kivi Comprehensive School.



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Physical Education

Motoric skills in different sports are practised in physical education. The exercises consist of movement skills, sports skills, balance skills and equipment handling skills. Functional learning methods can also be used in all the lessons.

The aptitude test measures general physical activity skills with tests suitable for children.

The weighted curriculum in physical education can be studied at the comprehensive schools of Haaga, Pukinmäenkaari, Merilahti and Puistopolku, as well as Tahvonlahti Primary School.

Music

Pupils in the weighted curriculum in music study singing, playing, music knowledge, music history and music and movement. Pupils play music together.

In the aptitude test, the pupil sings and performs rhythm and melody tasks.

The weighted curriculum in music can be studied at the comprehensive schools of Laajasalo, Pakila, Suutarila and Vuoniitty, as well as at Oulunkylä Primary School. The Swedish-language weighted curriculum education in music is provided at Åshöjdens grundskola.

Contemporary Dance

In contemporary dance, the pupil expresses themselves by moving and doing things together with others. Pupils watch dance performances, have discussions and write about their own dancing. Pupils perform at school parties and at the dance pupils' Dance Festival. Dance pupils work together with music pupils.

In the aptitude test, the pupil performs teacher-led exercises in a group. The exercises assess the pupil's motoric and dance skills. They also assess the pupil's courage to produce their own movement.

The weighted curriculum in dance can be studied at Kaisaniemi Primary School. The weighted curriculum in contemporary dance at the lower secondary school level is called dance art.

Art Expression

Art expression studies visual arts, music, crafts and performing arts. Pupils in art expression make their own works of art and joint projects. Pupils visit different cultural institutions, such as theatres and museums. Cooperation is pursued with different cultural operators.

Different art subjects are emphasised in different years. In the 4th grade, the emphasis is on crafts, in the 5th grade on music and in the 6th grade on visual arts. In the 8th grade of the lower secondary school, the emphasis is on theatrical expression and in the 9th grade on an art form important for each individual pupil. In the 3rd grade and 7th grade, pupils get to know different fields of art.

The aptitude test includes tasks in visual arts, music, crafts and performing arts. In the aptitude test, the pupil shows that they are able to cooperate.

The weighted curriculum in art expression can be studied at Puistopolku Comprehensive School.

More information:

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