Accessible environment



Differences in elevation

Overview

A ramp is a viable option only when the height difference is 1 m or less. Alternative stairless access should be available alongside the staircase, and a ramp should always be accompanied by a staircase. If the difference in elevation makes the ramps excessively long, access to the upper level should be available by means of a lift.

Ramps and staircases should be safely accessible, easy to find, and distinctly identifiable. Unnecessary changes of direction in designated routes should be avoided and the change of direction points should be marked distinctly. Ramps and staircases should run straight with no turns or curves. Maintenance requirements should be borne in mind during the planning phase in order to ensure the functionality of the different levels under all conditions. The lighting of the ramps and staircases should be even, sufficiently strong, and glare-free. For the special level of accessibility, the minimum lighting requirement for ramps is 50 lux and for staircases 50–100 lux. On an inclined pedestrian/cycle route, at least 10 lux. The surface materials should be

rough and non-slippery, even in wet conditions.

Ramps

The inclined sections of the ramp must be straight, with turning points only at the intermediate landings. The minimum width of ramps maintained by machine is 2,300 mm. The minimum clear width for two wheelchairs meeting is 1,800 mm. The minimum width of ramps is 900 mm, but the recommended minimum width is 1,200 mm, which is enough for persons needing an assistant or a guide dog. At the turning point of the ramp, the landing must be at least 1,500 x 1,500 mm on a ramp 900 mm wide. The minimum diameter of the turning circle for a manual wheelchair is 1,500 mm; an electric wheelchair needs 2,500 mm. An ice and snow melting system or roof is recommended.

The recommended inclination for ramps is 5% or less; the maximum is 8%. Long ramps with an inclination of over 5% should have a straight intermediate landing (min. length 2 m) every 6 metres. For the special level of accessibility, the maximum allowable lateral inclination is 2%. The maximum allowable deviation from level is 5 mm. The maximum allowable width of tile joints is also



Handrail

≥390

5 mm. In the absence of a wall, a solid barrier or low second rail (open space from the surface to the rail at least 50 mm to prevent wheeled aids from slipping off) at the edge of the ramp, the ramp must have a protective edge (min. height 50 mm) unless the ramp is level with the surrounding terrain.



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SuRaKu Cards contain guidelines for planning, construction and maintenance of accessible, public outdoor areas.

The model designs outlined in the cards are examples of designs for an accessible environment. However, further advances in the quality of the environment and accessibility can be achieved by continued product and design development.

The instructions and specifications in the cards are based on the accessibility criteria established for the SuRaKu Project, and on the model designs. The instructions have been updated to comply with the regulations and guidelines related tto accessibility that have entered into force by 2022.

Two levels of accessibility have been defined for the areas in question. The requirements for the basic level of accessibility apply to all areas. More stringent requirements for the special level of accessibility apply to the following areas:

- Pedestrian street milieus
- City centre areas with public facilities and services
- Areas surrounding institutions providing health care and services for the elderly and persons with a disability
- Areas with a lot of housing targeted at the elderly and persons with a disability
- Public transport terminals and areas surrounding public bus stops
- Sports areas and playgrounds catering to all types of users
- Accessible routes in recreational areas, etc

Applicable rules and regulations

241/2017 Government decree on accessibility of buildings

1007/2017 Ministry of the Environment decree on safety of use of buildings

Other instructions

RT 103141, 2019: Barrier-free movement and operating environment

RT-103027, 2019: Staircases and ramps

RT 103344, 2021: Railings and handrails

RT 98-11281, 2017: Traffic and information signs outside property

SFS_EN 81-70, 2018: Accessibility to lifts for persons including persons with a disability

www.sujuva.info

SuRaKu Instruction Cards

- 1. Pedestrian crossings and pavements
- 2. Pedestrian street milieus and squares
- 3. Differences in elevation
 - 4. Public courtyards
 - 5. Park paths and resting places
 - 6. Public playgrounds
 - 7. Public bus stop areas
 - 8. Temporary traffic arrangements

SuRaKu Accessibility Criteria Tables

Kerbstones at pedestrian crossings, Outdoor staircases, Ramps, Guidance paving flags and materials, Demarcation strips, Loading islands, Gutters and gullies, Walking surfaces, Pedestrian crossing markings, Handrails, Railings, Push-button poles, Pedestrian crossing signs, Seating, Bollards and crash guards on pavements, Pedestrian refuge island, Tactile map and Warning areas.

For SuRaKu Instruction Cards and Accessibility Criteria in PDF format, see <u>www.</u> <u>hel.fi/helsinkikaikille/</u>



Staircases

To avoid the risk of falling, it is recommended that staircases be placed at the side of the route. The edge of the staircase should run parallel to or perpendicular to the direction of travel. The staircase should not have open steps or protruding edges, and the steps should be identical. Walking under an open staircase should be prevented by means of a railing or kerb and a surface material with a tactile and visual contrast difference. An ice and snow melting system or roof is recommended.

The minimum width of the staircase is 1,200 mm. The rise should be 120 mm, which is low enough for persons with rheumatic complaints, etc. The recommended sizing for outdoor staircases is 2 x rise + tread = 660 mm. In covered and heated staircases, recommended measurements for indoor staircases apply (2 x rise + tread = 630 mm). Intermediate landings are recommended to be spaced at intervals of 10-15 steps. For added safety, the edge of steps should have a 30–40 mm wide visual contrast strip, which is either a two-colour structural solution or grout filling in a cut groove. Paint is not durable enough on granite steps. For the basic level of accessibility, marking of the edges of the top and bottom step only is permissible.

Handrails and railings

For the special level of accessibility, the requirements for staircases and ramps call for fulllength handrails at two heights on both sides, intermediate landings included. For the basic level of accessibility with limited traffic, handrails at one height only are permissible. In wide staircases, handrails are recommended to be spaced at intervals of 2,400 mm. Pram slopes should be separated from the staircases by handrails. Handrails should extend at least 300 mm past both ends of the staircase or ramp. A safety railing is required always when the difference in elevation exceeds 500 mm. If it is under 500 mm, an open railing is permissible. An open railing can be used in the middle of the staircase or when the difference in elevation is under 500 mm, as long as there is a rail at the bottom of the ramp railing at a height of 50 mm to prevent wheelchairs from slipping off the wheel platform.

Guidance paving flags, guidance materials and warning areas

Guidance paving flags and materials are used for the special level of accessibility to denote routes, and to warn about pedestrian crossings, staircases, ramps or other differences in elevation. Guidance paving flags and materials can be found on Instruction Card 1, "Pedestrian Crossings and Pavements". Correspondingly, warning areas are used for the basic level of accessibility to indicate pedestrian crossings, staircases or other differences in elevation. Rough surfaces should be used in warning areas. (For further information, see the accessibility criteria table for "Warning Areas".) A visual contrast that is readily distinguishable from the pavement surface should be used in guidance paving flags and warning areas (contrast requirement: difference between medium grey and black/white).

Lifts

To allow wheelchairs and wheeled aids to turn, a free dimension of $1,340 \times 1,400$ mm is recommended for a lift car. When the door openings of the elevator are on adjacent sides, the dimensions of the elevator should be $1,400 \times 1,400$ mm. It is recommended to use a lift car with dimensions of $1,500 \times 1,500$ mm to make it easier to turn with a wheelchair or rollator. The minimum dimensions for the lift car are $1,100 \times 1,400$ mm. The free width of the door opening must be at least 900 mm. With the following specifications, the elevator is also suitable for a stretcher: 1,100 mm, depth 2,100 mm and nominal load 1,000 kg. The minimum clear space in front of the lift should equal the turning circle of an electric wheelchair (min. diameter 2,500 mm); the absolute minimum is 1,500 mm.

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