# "Designing Side by Side"

Municipality and supplier cooperation to develop a new public service

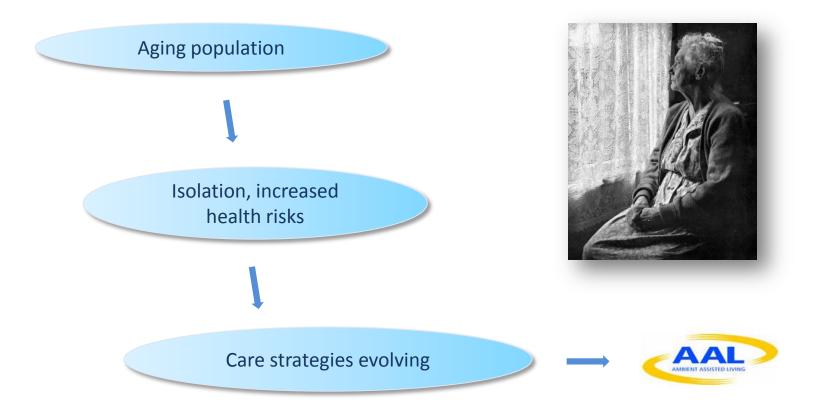


VÄSTERÅS STAD

Stephen Von Rump CEO Mats Rundkvist Project Leader



## The elderly care challenge is universal







## There are two driving forces for the care organization

#### Preserve and enhance <u>Quality of Life</u> (QoL)

- Independence
- Confidence
- Social connection

The "soft" goals



#### 2. Manage and reduce <u>care costs</u>

- Engage more "free" informal caregivers
- Make formal caregivers more efficient
- Postpone transition to full-time "nursing home" care

The "hard" goals







### Giraff works to address both of these challenges...

#### The core message:

"Giraff extends and enhances relationships"





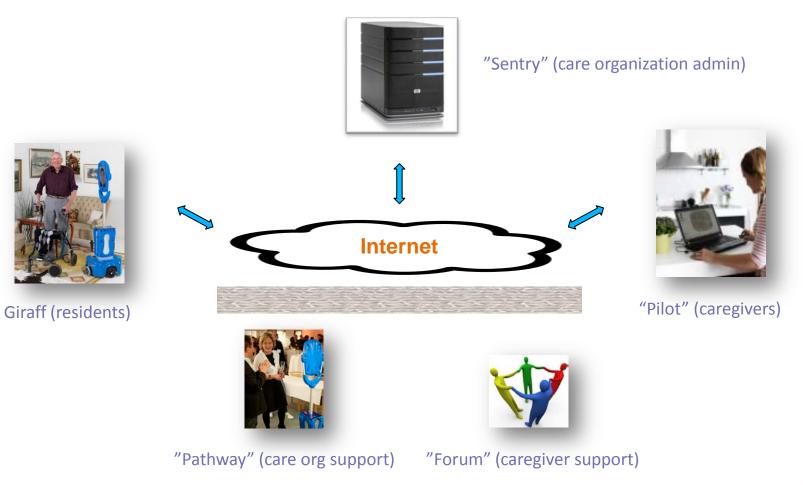








#### ...with a home care solution







## Focusing on experiences that improve QoL...

#### What elderly say

- "Simple! I just take the visit"
- Sense of control and privacy



- Increased sense of confidence
- "Hands-behind-the-back care"









### ...while also saving money

Analysis example showing postponed transition to nursing home

#### Nursing home care:

33,0 tkr/month (average)



#### Giraff homecare alternative:

19,0 tkr/month home support (14 tkr is the average)

3,5 tkr/month Giraff service

22,5 tkr/month total

#### **Municipality savings:**

10,5 tkr/month (~1 100 €)







### And the experience is expanding throughout Europe

Winner of 2011 AAL "Most Promising Innovation Award"





- Winner of 2 major EU projects for home care
  - AAL "ExCITE"
  - FP7 "Giraff+"





- More than 40 Giraffs used in 7 EU countries
- Many organizations now focused on home care innovation
  - E.g. "Carenet" consortium of municipalities in Denmark
  - "ENSA" European Network of Social Authorities







### One organization that is leading the way



- Integrating multiple ICT support solutions to provide more and better options for home care
- "The technology is only 20% of the solution." (Mats Rundkvist)
- Nearly all of Giraff's current identity is driven through dialogue with Västerås stad and other care organizations



- With Västerås stad, we have learned that:
  - Deployment must be "real world"
  - Must include all user groups
  - We must listen carefully to the care organizations







### City of Västerås

- ▶ 140 000 residents
- > 7 000 over 80 (11 000 in 2029)
- ► Elderly care budget €110 000 000
- Customer choice in home care 15 private providers of home care services that have approximately 50% of the market, the rest have the municipal provider







## Why interest in ICT for elderly

- ▶ ACTION since 2007
- Lots of very valuable possibilities
- ▶ But computers too difficult
- Solutions developed for this group very interesting







## ICT for elderly – Three roles for the municipality

- As a user
- As an enabler
- As a development partner







#### The first role – as a user

- ▶ E-homecare
- Project 2010-2012
- ▶ Implementation 2013
- Not IF but HOW







#### The second role – as an enabler

- Showing what is actually around
- Creating social networks
- Distributing social events







### The third role – as a development partner

- Generous giving feedback to suppliers
- Creating a test bed for innovations within elderly care
- Participating in innovations procurement
  - SILVER: www.silverpcp.eu







#### E-homecare – four functions

- Videophone
  - portable or stationary



- Videophone
  - mobile remotely controlled
- Message handler





Nightvision camera





## E-homecare - budget

- ▶ 300 users in 2015
- ▶ Costs: €600 000
- Savings: €1 200 000 €2 800 000
  - Less transportation time
  - Mission accomplished in shorter time
  - Less need

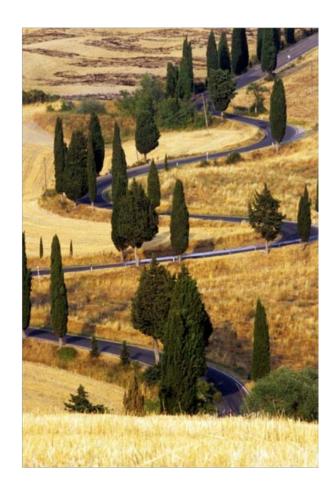






#### E-homecare – How

- ▶ Information, training
- ▶ Ethics, law, IT-security
- Target groups, ways of use
- Fees, payment to provider
- Procurement and contracts
- Technical issues
  - Installation, support, communication







#### Better for the seniors

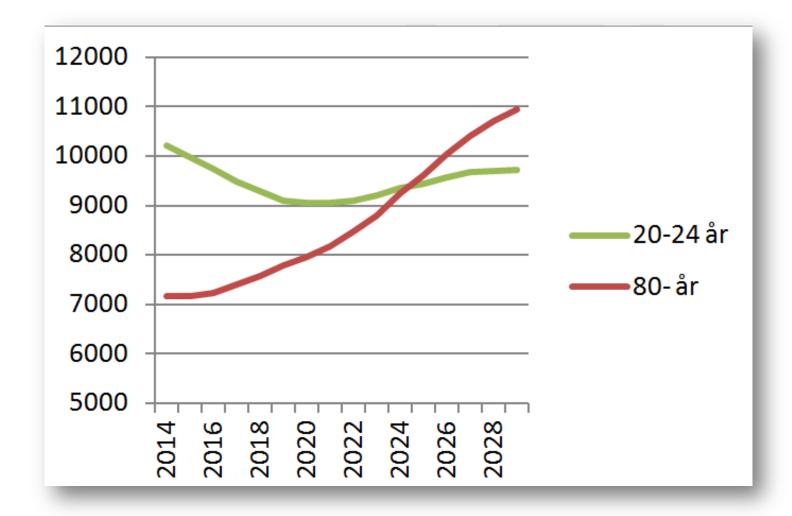
- Integrity
- Safety
- Freedom
- Justice
- ▶ Inclusion







## Demography







# E-homecare - why?



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