

# We are moving to Vuosaari

From 20 June onwards, the psychiatric services of eastern Helsinki will operate at the Vuosaari Health and Well-being Centre, address Kahvikuja 3, PO box 6250. The outpatient clinic's phone numbers will remain the same as before.

The Eastern Psychiatric Outpatient Clinic, current address Tallinnanaukio 6 A, is moving to Vuosaari. The Psychiatric Outpatient Clinic will operate in conjunction with the Eastern Substance Abuse Clinic on the 6th floor of the building, which you can reach from the 1st and 2nd floors, using the lifts in wings A and B. The building is fully accessible.

Your appointed worker will not change and your appointments will continue as normal in Vuosaari.

# **Connections**

#### Metro and buses

The Health and Well-being Centre is located next to shopping centre Columbus, approximately 100 metres away from the Vuosaari metro station.

- Aurinkolahti: bus 90
- Kontula: metro or bus 560
- Itäkeskus: metro
- Kontula: metro or buses 560, 818
- Kontula: metro or bus 560 (from the Kurkimäki stop)
- Porslahdentie: bus 96
- Puotila: metroRastila: metro
- Port: bus 90
- Vartioharju: buses 93/93K, 97/97V, 841, local bus 805 + metro from Puotila or Itäkeskus
- Ostersundom: buses 93/93K, 841 + metro from Puotila

#### Local bus lines

- 813 Vuosaari(M) Pohjoinen ostoskeskus
- 814 Vuosaari(M) Koukkusaarentie
- 815 Vuosaari(M) Isonvillasaarentie
- 816 Vuosaari(M) Ramsinniemi
- 817 Vuosaari(M) Kallahti
- 818 Vuosaari (M) Mellunmäki
- 819 Vuosaari(M) Uutela

## By car

Parking and disabled parking spaces can be found at the end of the Health and Well-being Centre (see map). There are also parking spaces near the metro station, for example.

## See you in Vuosaari!

The personnel of the psychiatric and substance abuse services

